



Raising Healthy Kids in Counties Manukau



Training for health professionals and community health workers working with children and whaanau in Counties Manukau.

Nearly 40% of children and young people in Counties Manukau are overweight or very overweight.

This training will support you have effective conversations with children and whaanau about being healthy. We will give you ideas about what to say and how to say it.

MOPS points available for GPs.

RESOURCES - Each practice will be provided with information, tools and resources to help you support children and whaanau.

TRAINER - Susan Reid, Health Literacy Consultant.

VENUE - At your practice or organisation during the day or in the evenings.

BOOK A TRAINING SESSION - Email Susan Reid (sreid@healthliteracy.co.nz) with the time and days of the week that suit you.

Susan will book a session for you as soon as possible.



COUNTIES
MANUKAU
HEALTH

